

Innovative Women's HealthCare Solutions

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Medications

Please check with us before taking any medication NOT listed below, including medications that might be prescribed by another doctor or dentist, and any over the counter drug. Remember, **NO MEDICATIONS** should be taken unless necessary. If you do not see your medications on this list please call our office and ask to speak to a nurse. (404) 549-1327.

Medications you CAN take:

- **Headaches or Minor Pain**
 - Tylenol (acetaminophen) – Regular and Extra Strength
- **Cold or Stuffy Nose**
 - Sudafed or Actifed (Regular strength)
 - Cool Air Vaporizer at bedside is OK
 - Vick Vapor Rub
 - Benadryl
- **Cough**
 - Robitussin (Regular strength)
 - Cough Drops
 - Throat lozenges (Cepacol & Sucrets)
- **Constipation**
 - Colace (stool softener)
 - Dilose, Citrical & Metamucil
 - Fresh Fruits, Prunes, Liquids and bran are great
- **Indigestion or Gas**
 - Mylanta, Mylicon, Maalox
 - Low Sodium (salts) Antacids such as Sodium Free Tums (also good for calcium)
- **Diarrhea**
 - Kaopectate for one day as directed
- **Hemorrhoids**
 - Preparation H, Anusol, Tucks, Warm sitz Bath
- **Nausea**
 - Emetrol Syrup
 - Nestrex
- **Sinus/ Allergy**
 - Benadryl
 - Zyrtec
 - Claritin (not Claritin-D)
 - Pseudoephed (after consultation with Physician)