

MEET DR. MELINDA MILLER-THRASHER

Dr. Melinda Miller- Thrasher was born and raised in Harlem, one of seven brothers and sisters. She credits her mother, her grandmother and the Lord for the perseverance and her older brothers with providing the exposure and guidance, which affected her decision to pursue medicine. Upon learning of her desire to pursue medicine, they assisted her in gaining admission to a private college-preparatory school in lower Manhattan. She then studied at Cornell University with a major in Biology and a minor in Nutritional Sciences and graduated with “distinction in all subjects.” She completed her residency training at New York University.

Dr. Melinda Miller-Thrasher has over 20 years of experience in Obstetrics and Gynecology, a field she chose so as to have an early impact on young women’s health and a life-long impact on the children they bear. “I value the relationship I have with my patients. As a woman, the patients I care for have a great deal in common with me. I am proud to share both my personal and professional interest in caring for them.” Her inclusion in Essence magazine’s feature on GYNECOLOGISTS YOU LOVE as well as being a Patient’s Choice Award recipient serves as an abbreviated testament to the care she provides.

Over the years, she has aspired to reach new personal milestones involving her love of physical fitness and long distance running and considers her running of the New York Marathon one of her greatest achievements. She brings this emphasis on diet and fitness to her practice along with her medical knowledge to motivate, educate and empower women, who she believes, ultimately influence the lives of their families.

In 2006, realizing that healthy lifestyle practices are best started young and understanding that women are the central decision makers of the household, where nutrition, health and exercise are concerned, Dr. Melinda Miller-Thrasher began to conceive Before During and After, LLC. Its mission is to empower women by educating, informing, providing resources and support, thereby enabling them to make choices that will have a positive and life-long impact on their health and that of their families and communities.

Dr. Miller-Thrasher was previously a partner at Greater Atlanta Women’s Healthcare Associates. As her vision of her ideal practice evolved, she decided to establish Innovative Women’s Healthcare Solutions, where 21st century technology and medical advances are presented alongside alternative methods as part of a balanced plan for the benefit of enhanced medical care.

Dr. Miller- Thrasher is on staff at both Piedmont Hospital and Emory University Hospital, where she serves as a clinical instructor of Obstetrics and Gynecology at Emory University School of Medicine. In 2009, 2010, 2011, 2012, 2013, and 2014, she was recognized by her colleagues as one of Atlanta’s Top

“The most enjoyable part of what I do has been talking with people, educating them and making a difference.”

Doctors, as featured in Atlanta Magazine. She is married to Michael Vincent Thrasher, an Atlanta native and owner of Thrasher Contracting, mother of five children ranging in age from 11 to age 23, and is a member of Ebenezer Baptist Church.